

OUR LADY OF MEDJUGORJE'S MESSAGE OF MAY 25, 2005

“Dear children! Anew I call you to live my messages in humility. Especially witness them now when we are approaching the anniversary of my apparitions. Little children, be a sign to those who are far from God and His love. I am with you and bless you all with my motherly blessing. Thank you for having responded to my call.”

Checklist for Living the Messages in Humility

A. The Messages.

1. Do I believe that all of Our Lady's Messages can be grouped under the five main headings of PRAYER, FAITH, CONVERSION, FASTING (Penance), and PEACE (Love)?
2. Do I believe that basically all Our Lady's Messages are about PRAYER:
 - a. PRAYER – union with God and His Will;
 - b. FAITH – entering the presence of God with confidence in His Goodness and Love;
 - c. CONVERSION – turning to God in mind and heart as the center of our lives;
 - d. FASTING – severing our attachment to earth to reinforce attachment to God;
 - e. PEACE – living in the spirit of God as the goal of all prayer?
3. Do I believe that the Messages come from the combined counsel of the Father, Son, Holy Spirit, and Mary?
4. Do I believe that these Messages are part of God's plan for our holiness and are the shortest path to holiness?
5. Do I believe that the Messages are means of obtaining immense graces if they are accepted with love, absorbed, and lived?
6. Do I believe that the Messages are statements that have to be prayed?
7. Do I believe that I have to enter into praying the Messages every day for them to work properly and effectively?
8. Do I believe that the Messages are lessons that Mary gives in Her School of Prayer, which is a school of Love?
9. Do I believe that Mary as our Mother knows us through and through, and that she knows exactly what we need to do in each aspect of the Messages?
10. Do I understand the importance of letting Mary guide us through the Messages so she can point out to us what is significant and bless us with the grace to live the Messages?

B. Prayer.

1. Do I understand that prayer is union with God whereby we hope to take on the mind and heart and will of Jesus?
2. Do I understand why Jesus, the Holy Spirit, and Mary are essential to prayer?
3. Do I use Mary's method of preparing for prayer:
 - a. cleansing the heart by turning over all our sins to Jesus;
 - b. purifying the heart by surrendering all our problems and concerns to Mary with complete confidence that she will take care of them;
 - c. now that our hearts are clear, asking for the gift of the Holy Spirit;
 - d. uniting ourselves with Mary that she might bring us to Jesus;
 - e. descending to the bottom of our heart in order to pray from the heart?
4. Do I experience great joy in being with Jesus and with Mary in prayer?
5. Do I let Mary be my guide in prayer?
6. Do I commune spontaneously with Jesus and Mary in simplicity, sharing exactly what is in my heart?
7. Do I listen with love to the response of Jesus and Mary?
8. Do I ever say to Jesus: “What can I do to please you today?”
9. Do I make repeated acts of Faith in their presence, in their goodness to me, in their love for me, in thanksgiving for all they have done and are doing for me?
10. Am I always ready in prayer to take their advice and to take one step forward?

C. Faith.

1. Am I always ready and eager to leave the world of sense and enter into the spiritual dimension of life, the world of God?
2. Am I anxious to sit with God and to see the world and my life from His viewpoint?
3. Do I realize that Jesus and Mary are always present with me, reading my mind and reading my heart, watching every move I make?
4. Do I ever hear them asking me: “Where are you, where is your heart, what is going on in your heart?”
5. Are my eyes always fixed on Jesus?
6. Do I ever kneel at the center of my heart and adore Jesus as Mary has asked?
7. Do I believe that they are continually anxious to be a part of my life, to walk with me and be my constant companions?
8. Do I believe that they are ready to take care of my every need, if only I would turn to them for help and guidance?
9. Do I believe that they are my best friends, that they love me more than I love myself, that they are always looking out for my welfare, that they accept me just as I am and do not expect me always to be perfect?
10. Do I understand the importance of listening to what Jesus has to say to me and of following Mary’s advice: “Do whatever He tells you?”

D. Conversion.

1. Am I always totally open to make any change that Jesus and Mary would want of me?
2. Do I realize that attachments are the only things that prevent me from becoming better – attachments to my own ideas, to my will, to the desires of my heart?
3. Do I believe that all my peace, joy and happiness consists in doing the Will of my Father in heaven – who chose me out of numberless possibilities to exist, to reflect a special combination of His qualities, to fulfill a special mission that no one else can fulfill, to receive special messages from him destined only for me to hear, to receive His special love, gifts and blessings arranged and provided for perfectly to lead me to happiness in serving Him?
4. Do I believe that Jesus is the Center of my life, that He is the Son of God who died for me, that He is my Savior and Safe Refuge, that He is my Shepherd and teacher, that He is my Best Friend and Companion, that He waits for me with immense eagerness to turn to Him, to think of Him, to come to Him in prayer?
5. Do I believe that the Holy Spirit is my Helper always at my side, that He always knows what is best for me, that He comes to me as my Servant each day but really wants to be my Ruler, that He wants to work miracles in my life if I would only let Him, that He is ready to fill me with all His gifts, that He is always nudging me to do good, that He would fill me with joy if only I would cooperate?
6. Do I realize that God respects my free will and that He cannot do anything to help me unless I turn to Him and surrender my will to Him?
7. Do I believe that I can do nothing of myself without the help of God, that I cannot save myself or make myself holy – only God can, and that I therefore have absolute need of Him?
8. Do I believe that everything is a grace, and that I must beg each day for God’s help to increase my Faith (Hope and Love), for the grace of conversion, prayer, fasting, etc.
9. Do I understand that God’s grace comes to me every day and that every day I must convert; i.e., come closer to Him and His Will more and more each day?
10. Therefore, do I understand why Our Lady asks me to live the Messages with humility?

E. Fasting. By fasting I am in imitation of Jesus who sacrificed Himself to save souls; by fasting I gain graces to help others reach heaven. Souls are saved by sacrifices pure and simple. By fasting I open myself to life in the Spirit.

F. Peace. Jesus obtained Peace for all of us by loving until it really hurt. By being such carriers of love, we expand forgiveness and bring on Peace.