

## OUR LADY OF MEDJUGORJE'S MESSAGE OF JULY 25, 2009

“Dear children! May this time be a time of prayer for you. Thank you for having responded to my call.”

### How to Show God That We Love Him

#### A. Put God in the First Place in Your Life.

1. **By Reciting Each Day the Prayer Mary Gave Us.** Our Lady gave us the following prayer to manifest our desire to have God as our Father and to show that we want to be His children. As a preparation, she asks us to say the “Glory Be” three times in advance. This is a great sign of good will.

#### SUPPLICATIONS TO GOD

<<O God, our hearts are in deep darkness: in spite of this they are bound to Your heart. Our hearts struggle between You and Satan; do not allow this to be so! Every time our hearts are divided between good and evil, may they be illuminated by Your Light and made whole. Never allow two loves to dwell within us, or two faiths to ever co-exist, and never allow to dwell within us: falsehood and sincerity, love and hate, honesty and dishonesty, humility and pride. Rather, help us so that our hearts may rise up to You like that of a child. Let our heart be captured by peace and always continue to yearn for it. May Your Holy Will and Your Love find their home in us, that at least sometimes we will desire truly to be Your children. And when, Lord, we do not wish to be Your children, remember our past desires and help us to receive You once more. We open our hearts to You so that Your Holy Love may dwell in them; we open our souls to You so that they may be touched by Your Holy Mercy, which will help us to see all our sins clearly and will make us understand that what renders us impure is sin!

O God, we wish to be Your children, so humble and devoted as to become dear and sincere children, as only the Father could wish us to be. Help us Jesus, Our Brother, to obtain the forgiveness of the Father and help us to be good towards Him. Help us, Jesus, to understand clearly what God gives us because sometimes we give up doing a good deed believing it to be a wrong.>>

2. **Beg God for the Gift of Prayer.** Prayer is a gift, and we must ask for it as a sign that we truly desire it. The best time is at Holy Communion, when Jesus promises we get whatever we want if it is God's Will. Ask in the name of Jesus.
3. **Seek God's Special Blessing at the Beginning of Each Day.** The Father will bless us with the gift of the Holy Spirit, so that all goes according to His Will during the day. “From day to day seek God's blessing so that you will perform all your actions in union with God.” (4-10-86)

#### B. Pray Only With Your Heart.

1. **With Love.** God is our very Best Friend. When friends meet, they naturally open their hearts and share their innermost thoughts and feelings about what is important to them, what is of concern, what is happening in their lives, what they lack and need, what their desires and expectations are.
2. **Sincerely** – meaning every single word they say and if what they say is very important to them, they express themselves with intensity, even yearning. They are totally focused, wanting every single word to be heard.
3. **Graciously.** Our Lady: “Prayer is a loving conversation involving speaking and listening.” After we express ourselves – what is important, what we appreciate, what we are thankful for – we listen with reverence to the other person. We are completely silent, entirely attentive, totally acquiescent.

#### C. Live Out This Union of Hearts: 7 Ways to Pray Always.

1. **Walk in the Presence of Jesus and Mary.** They are your friendly companions. Ask them to preserve you from every kind of evil and to lead you and guide you. Don't ever leave them for a moment and don't make a move without consulting them.
2. **Converse With Them.** Continually, if possible, about what they are thinking, their comment on what is happening. Praise them for their goodness. Thank them.
3. **Seek Always to do the Will of God.** Ask the Holy Spirit for help.
4. **Try to do Everything With One Motive: Love.** Love of God; Love of Neighbor.
5. **Be Virtuous at Every Moment** – by being kind, patient, helpful, discerning, etc.
6. **Fill Each Moment With Spiritual Aspirations:** Jesus, Mary, I love You; save souls. I want to love you more. How happy I am to be walking with you, etc.
7. **Sense Your Need of God at Every Moment.** “Without Me, you can do nothing.” “With God, all things are possible.” Grow in how continually you need God.